



Shelburne LTC,  
MAY 2021

## Update from the Executive Director

Hello All,

It has been some time since we have issued our monthly newsletter, but now that the home has stabilized, I am very excited to announce that we will be issuing to families once again on a monthly basis!

As you are all aware, we have been working very hard on increasing the safety within the home related to infection prevention and control, and much of that includes physical improvements to the home. Some improvements include, refinishing of floors, new privacy curtains, plexi-glass dividers to re-implement communal dining, and so on.

We have implemented quarterly Family Zoom Meetings, and our second meeting is to be held this month, to please watch your email for the invite. We will be providing more details related to improvements within the home, so please be sure to join us.

We also continue to request that families provide us with a current e-mail address to add to our master list for communications. This may include information such as notifications of outbreaks, as well as any information included in our monthly newsletter.

As always, please feel free to reach out to any member of the leadership team if you have any questions or concerns regarding the home or your loved one!

Stacey Rooyakkers  
Executive Director  
T: 519-925-3746 x 221

## Director of Care News

Hello families and friends,

This month we are celebrating nurses! May 10-16, 2021 is recognized as National Nurses Week. The hard work, dedication, selfless compassion and commitment to providing quality nursing care during these challenging pandemic times does not go unnoticed. We are proud of our nursing team and are taking this week to thank all of our nurses.

We are happy to announce returning services in the home including specialized footcare and dental hygiene. If you are interested in more information about these services please let us know.

COVID-19 prevention protocols continue to be a primary focus. Introduction of covid-19 vaccines has contributed significantly to reductions in Long Term Care home outbreaks. We continue to encourage and support residents and staff to get vaccinated.

As always, if you have any questions or concerns please contact Jaclyn or Tazonique at 519-925-3746 x 3  
[jgoss@southbridgecare.ca](mailto:jgoss@southbridgecare.ca)

### QUOTE OF THE MONTH

**Every day may not be good but there is  
something good in every day!**



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## Activity Director Update

Hello Everyone, it has been some time since we have connected this way and we are super excited to get things rolling again.

We have some exciting news in our department that we wanted to share. Our Music Therapist has returned to us with in person singing and guitar playing. It is so wonderful to have her return. Our in house church services will also be returning by the end of the month. We will have bible study and church rotating weekly.

With the current restrictions we are trying our best to keep everyone active while continuing to maintain social distancing.

The warmer weather is slowly arriving which means outdoor programming will resume. We have purchased 3 new garden beds for the front of the building to gear up for our new and improved gardening program.

If you have any questions regarding your loved ones programming/participation please feel free to reach out.

Sarah Ricci, PM [sricci@southbridgecare.ca](mailto:sricci@southbridgecare.ca)

## What's Cooking with our Food and Nutrition Manager?

Hello Everyone!

We have had a busy month in the kitchen here at Shelburne Long Term Care.

Our Daily hydration goal monitoring and monthly weight monitoring has been a great success.

We are happy to have an actual Red Seal chef join us in the kitchen.

New menus have come to us from Head Office that includes some new entrees, and plenty of salads to take advantage of the seasonal vegetables available to us. We are looking forward to the upcoming BBQ season as well.

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